



a day
in the
life



Options Bedtime

Bedtime Weekdays

🌙 Bedtime 11:00 PM

🔔 Wake 7:00 AM

8 HR

Sleep Analysis 11:00 PM



Fah
wakeup

Morning devotional and hydrate



ECCLESIASTES 5:1-10 LOVE OF MONEY

Fulfill Your Vow to God

5 Guard your steps when you go to the house of God. Go near to listen rather than to offer the sacrifice of fools, who do not know that they do wrong.
6 Do not be quick with your mouth, do not be hasty in your heart to utter anything before God. God is in heaven and you are on earth, so let your words be few.
7 A dream comes when there are many cares, and many words mark the speech of a fool.
8 When you make a vow to God, do not delay to fulfill it. He has no pleasure in fools; fulfill your vow.
9 It is better not to make a vow than to make one and not fulfill it.
10 Do not let your mouth lead you into sin, and do not protest to the temple messenger, "My vow was a mistake." Why should God be angry at what you say and destroy the work of your hands? Therefore fear God, and words are meaningless. Therefore fear God.

Approach the Lord with reverence

Riches Are Meaningless

11 If you see the poor oppressed in a district, and justice and rights denied, do not be surprised at such things; for one official is eyed by a higher one, and all the king himself profits from the fields.
12 Whoever loves money never has enough; whoever loves wealth is never satisfied with their income. This too is meaningless.
13 As goods increase, so do those who consume them. And what benefit are they to the owners except to feast their eyes on them?
14 The sleep of a laborer is sweet, whether they eat little or much, but as for the rich, their abundance permits them no sleep.
15 I have seen a grievous evil under the sun: wealth hoarded to the harm of its owners, or wealth lost through some misfortune, so that when they have children there is nothing left for them to inherit, and as everyone comes from their mother's womb, they take nothing from their toil that they can carry in their hands.
16 This too is a grievous evil: As everyone comes, so they depart, and what do they gain, since they toil for the wind?
17 All their days they eat in darkness, with great frustration, affliction and anger.
18 This is what I have observed to be good: that a person should eat, drink and find satisfaction in their sun during the few days of life God has given them. Moreover, when God gives someone

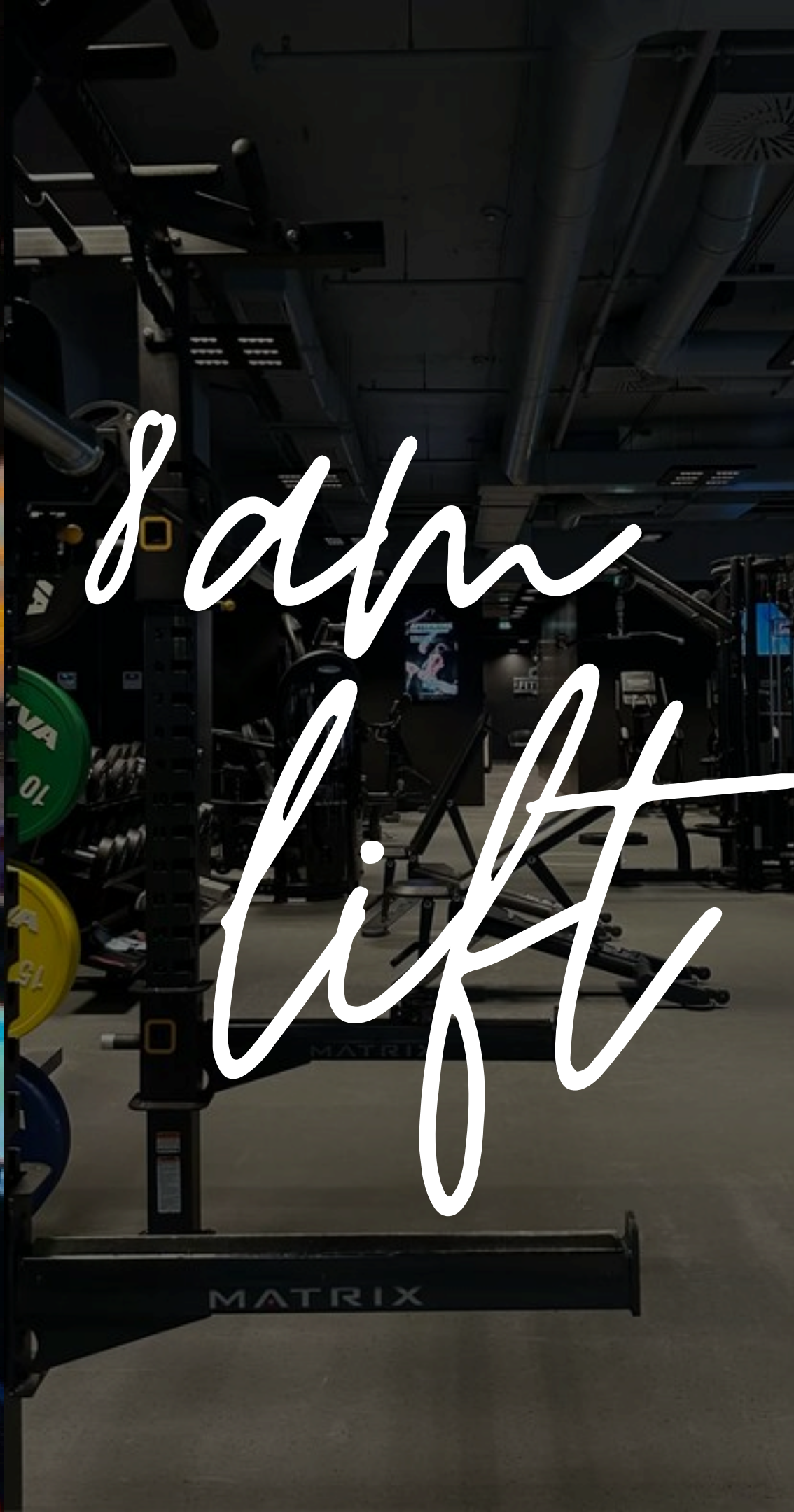
True security isn't found in wealth, but in the Lord. Money never satisfies.

We enter this world with nothing.

Wisdom

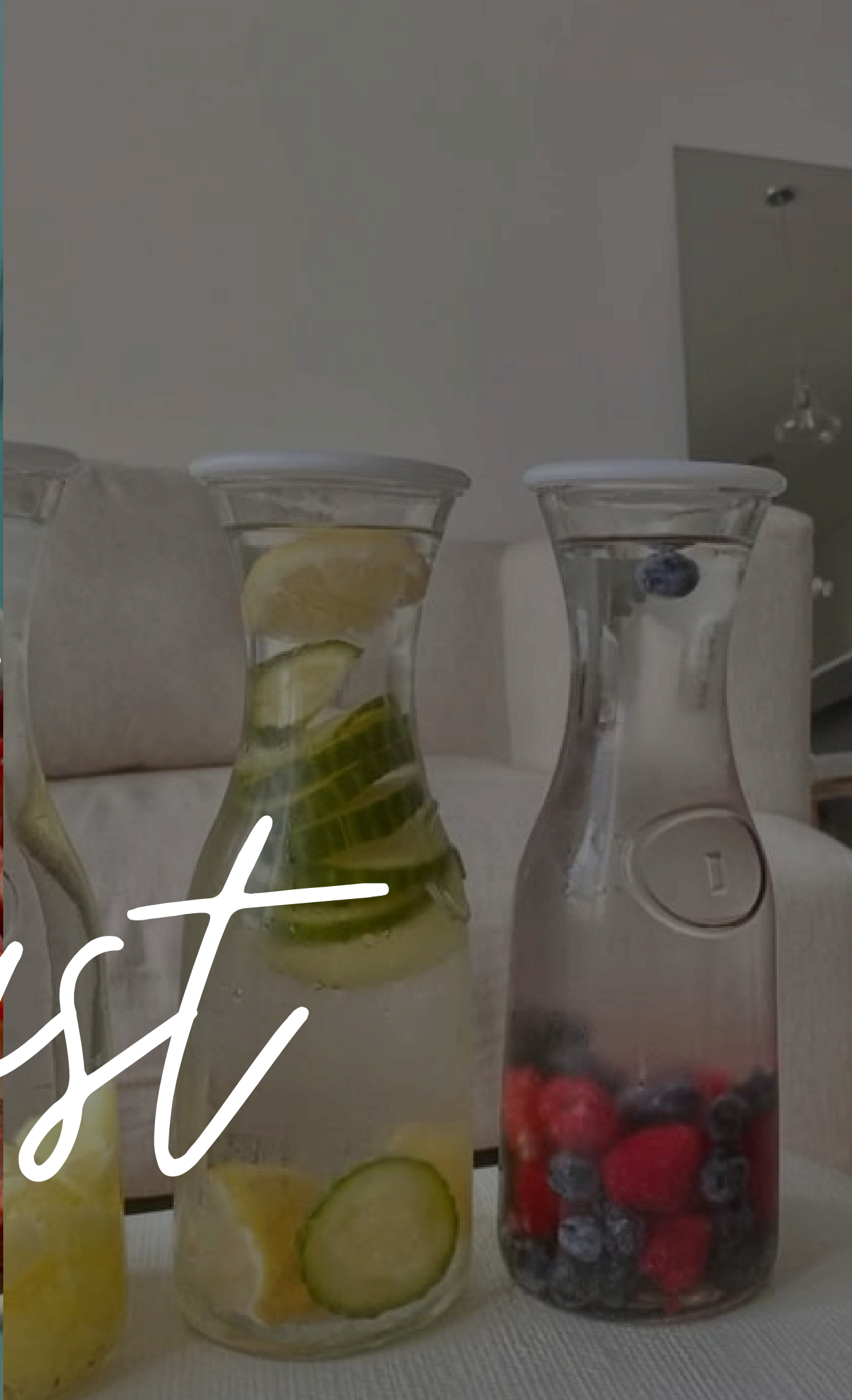
7 A good name is better than fine perfume, and the day of death better than the day of birth.
8 It is better to go to a house of mourning than to go to a house of feasting, for death is the destiny of everyone; the living should take this to heart.
9 Frustration is better than laughter, because a sad face is better than a smiling one.
10 The heart of the wise is in their house, but the heart of the fool is in the street.
11 It is better to be poor and have peace than to be rich and have strife.

Dear Lord,

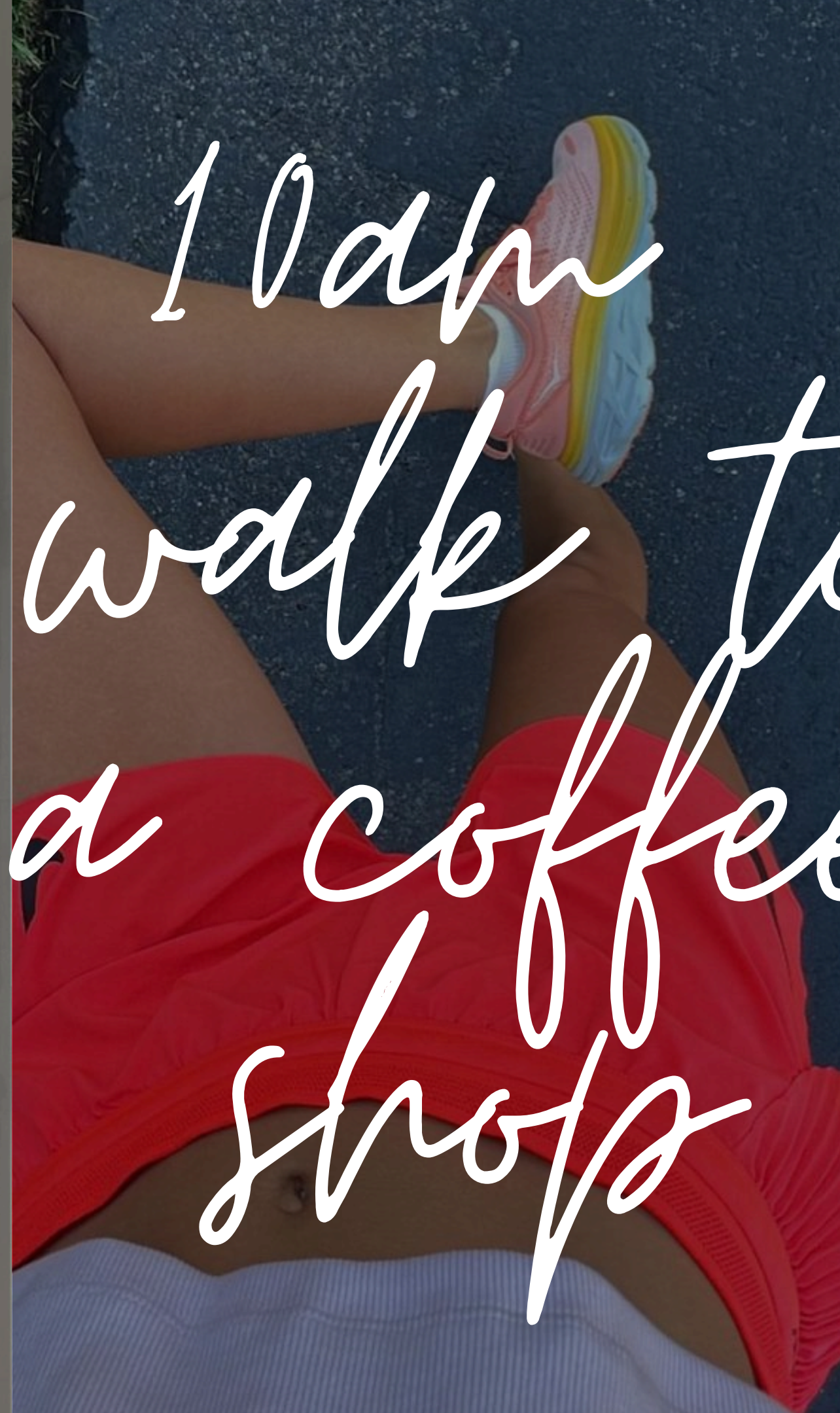


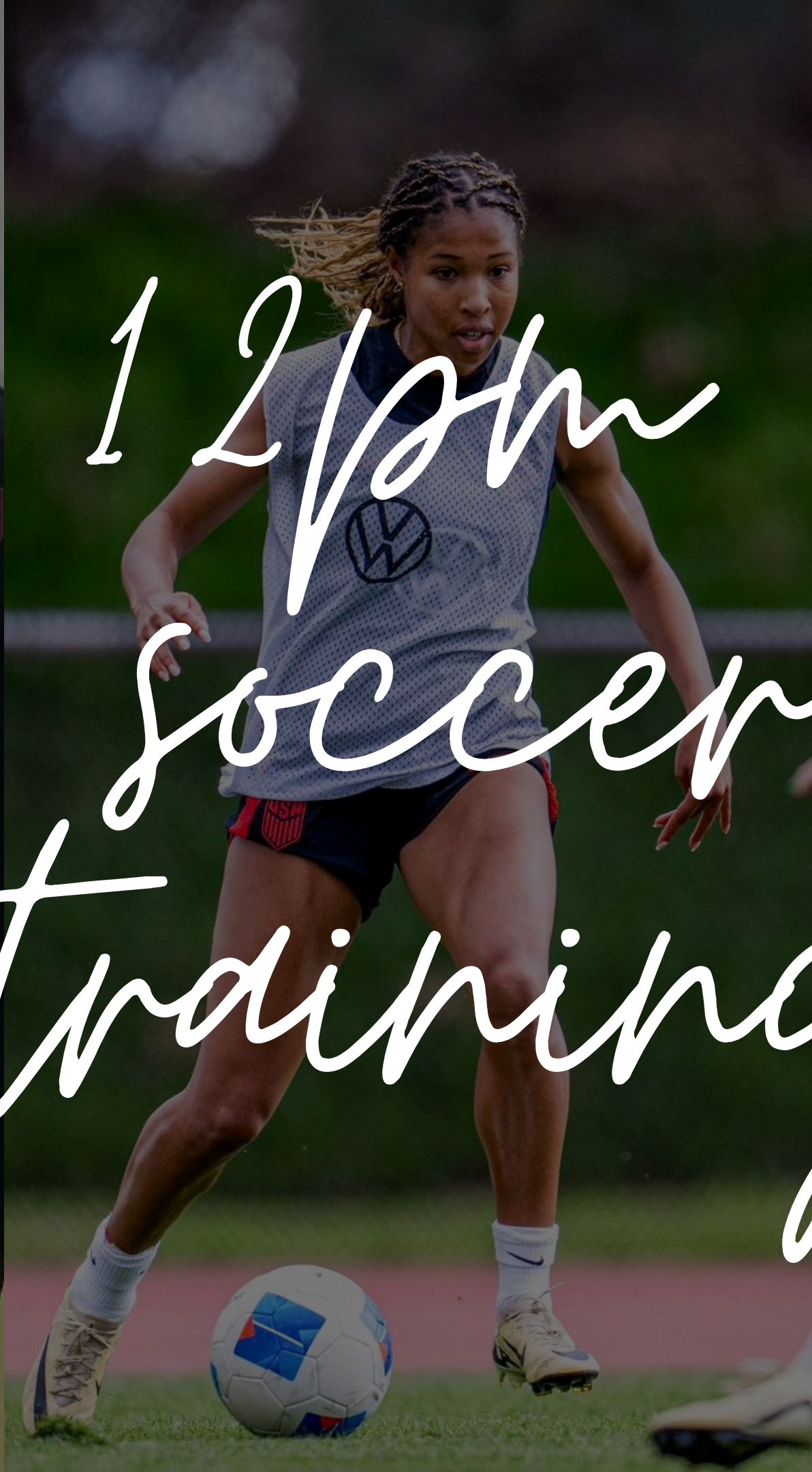
Same
lift





9 am
home
breakfast





12/20m soccer training





3/10th
change and
lunch



5/10th
christian
fellowships



7th
families and
dinner

